

【Shenzhen】 Shenzhen's ultimate head spa A healing journey into a Turkish Palace!



In recent years, head spa treatments have become an increasingly popular way to unwind in Shenzhen. Far more than a simple hair wash, the experience combines head, shoulder and neck massage with relaxing spa therapies. Accompanied by soothing music, the treatment helps relieve the stresses of urban life. Many even describe the experience as feeling as though they have enjoyed a full eight hours of deep, restorative sleep.



Among Shenzhen's many head spas, "HIGHT TO HIGHT SPA" is widely regarded as one of the finest. Designed in a distinctive Turkish palace style, every detail---from the decorations to the attentive service---exudes elegance and luxury. Mosaic domes, ornate interiors and vintage furnishings transport guests straight into the enchanting palace of One Thousand and One Nights. The spa's exceptional design has also been recognised internationally, receiving the Gold Award at the 2025 MUSE Design Awards and the Bronze Award at the A' Design Award, a testament to outstanding craftsmanship and aesthetic excellence.



The treatment begins with a professional scalp analysis. Using specialised equipment, the therapist assesses scalp oil levels, follicle blockages, dandruff and sensitivity, before offering personalised care recommendations according to the results. This is followed by a shoulder, neck and head massage using carefully selected Turkish essential oils, gradually easing tension from the muscles.



The treatment then moves into its core stage, with a deep cleanse for the scalp and hair. Exclusive massage techniques are used to stimulate pressure points and soften built-up residue, complemented by warm steam and a spa experience that delivers a soothing and relaxing sensation. Finally, a nourishing treatment replenishes the scalp and hair with nutrients, followed by careful blow-drying and styling, leaving guests feeling completely refreshed. After the treatment, guests can also enjoy a bowl of peach gum sweet soup or an exquisite dessert, bringing the whole journey to a comforting end.

【HIGHT TO HIGHT SPA】

Address: Room C3, 29/F, Tower E, China Resources Land Building, Nanshan, Shenzhen

Transportation:

1. From downtown area: Take Shenzhen Metro Line 1. Get off at Hi-Tech Park Station and walk about 4 minutes from Exit B.
2. From East Rail Line Lo Wu Station: Get to Shenzhen Metro LuoHu Station on foot and take Line 1.
3. From East Rail Line Lok Ma Chau Station: Get to Shenzhen Metro Futian Checkpoint Station on foot. Take Line 4 and transfer to Line 1 at Convention & Exhibition Center Station.
4. From High Speed Rail Futian Station: Get to Shenzhen Metro Futian Station on foot. Take Line 11 and then transfer to Line 1 at Chegongmiao Station.

The above information is for reference only and is subject to change without prior notice.